Report on N&E Sri Lanka Trip by Abayam 06-01-19 to 16-01-19

Dr K. Parthipan (UK), Prof. J. Sanmugarajah (Australia), Prof. S. Niranjan (Australia), Dr U. Mahadeva (UK), Mr N. Niranjan (4th Yr Medical Student, Australia), Mr Rajendran (driver)

| INSTITUTION WITH CONTACTS | SUMMARY OF VISIT OR WORK DONE | DONATIONS | REQUESTS |
|---|---|------------------------------------|--|
| Sunday 06-01-19 | | | |
| Visited late Dr Ragupathy's house on this day and 08 th Jan and 09 th Jan (31 st day ceremony). | Informed his wife and his brother and in the ceremony that the MS of Tellipallai hospital and the deputy director (RDH) have agreed to name the EU, after refurbishment and improvement of infrastructure, in Dr Ragupathy's name. | | |
| evening | Met to plan NCPDS workshop. | | |
| | | | |
| 07-01-19 Monday Base Hospital Tellipalai (Dr Thivakar, MS, Dr Umashanker, Deputy RDH officer | Discussed plans to upgrade EU in the name of Dr Ragupathy. | | Project proposal for renovation and upgrading of Emergency Unit, which is important considering northern area of Jaffna peninsula and considering the cancer hospital in the grounds of Tellipalai Hospital, SLR 4 million. HNB Chunnakam: account no 117010008527, Patient Welfare Society BH Tellipalai SWIFT code: HBLILKLX HNB-7083 Chunnakam-117 |
| Divisional Hospital Chankanai Dr T. Nanthakumar | | 1 nebuliser and nebules BNFs | ECG machine – SLR 91,000 quotation |

| Base Hospital Point Pedro | Visited EU and other | | Previously requested drug trolley ? EU expansion Non-invasive |
|---|---|---|--|
| Dr Nalayini (and Dr Mullai (Deputy Medical Superintendent, (Dr Nanthini, Mannar, | parts of hospital and asked about needs. | | ventilator – Dr Nalayani asked to obtain quote. Blood gas analyser – Dr Mullai asked to obtain quote. Short wave machine for physiotherapy dept – physiotherapist (female) asked to obtain quote. |
| Divisional Hospital Valvettithurai Dr Surenthiran DMO | | 2 nebulisers, nebuliser mask, nebules, BP box and 3 BNFs | ECG machine Cardiotocogram (CTG) machine for maternity unit |
| 6.30-8.30 pm Registrar teaching Teaching Hospital Jaffna | MD bedside and communication/history taking teaching for approx. 8 medical registrars | | |
| 08-01-19 Tuesday | | | |
| Visited Annacodai site of planned primary health care and education centre with Mr Aru Thirumurugan and Dr Sathiyamoorthy | Discussed renovation of the site. | Gave SLR 3.5 lakhs for the renovation and then further 5.0 lakhs | |
| Divisional Hospital Kopay Dr Mahendran, MS, | | 1 nebuliser, mask, nebules and 2 BNFs | slit-lamp bulb dental X-ray small autoclave |
| School of Nursing, Teaching Hospital Jaffna | | Money for prizes for nursing students best performance in examinations given – SLR 271,000 This will encourage recruitment of nurses | |

| 6.30-8.30 pm Registrar teaching Teaching Hospital Jaffna | MD bedside and communication/history taking teaching for approx. 8 medical registrars | | |
|--|---|--|--|
| | | | |
| 09-01-11 Wednesday | 22 MOs attanded | | |
| 2-5pm Non-Clinical Professional Development Skills Course for Medical Officers Teaching Hospital Jaffna | 32 MOs attended | | |
| 6.30-8.30 pm Registrar teaching Teaching Hospital Jaffna | MD bedside and communication/history taking teaching for approx. 8 medical registrars | | |
| 10-01-19 Thursday | | | |
| 9am -12pm Non-Clinical Professional Development Skills Course for 2 nd Year Nursing Students Teaching Hospital Jaffna | 65 nursing students attended | | |
| 2-5pm Non-Clinical Professional Development Skills Course for Nursing Officers Teaching Hospital Jaffna | 36 nursing officers attended | | |
| 6.30-8.30 pm Registrar teaching Teaching Hospital Jaffna | MD bedside and communication/history taking teaching for approx. 8 medical registrars | | |
| 11-01-19 Friday | | | |
| 9am -5pm Non-Clinical Professional Development Skills Course for Registrars Teaching Hospital Jaffna | 12 registrars attended | | |
| | | Total expenses for refreshments and certificates for NCPDS courses = 13055 + 24600 = 37655. Paid. | |
| Re-visited Annacodai site of planned primary health care and education centre with Dr Sathiyamoorthy | Met a proposed future administrator for the primary care centre. Dr Sathiyamoorthy | | |

| | has identified a doctor to do clinic twice a week. He has also introduced the administrator who is in charge of a similar centre in Chankanai to help and guide our centre at the start. | | |
|---|---|----------------------------|---|
| | | | |
| 12-01-19 Saturday Santhannavettai Heath Centre Mrs KK Pravina, public health midwife ,picked her up at Muudhur Medical Officer of Health (MOH) office. She is from the local area, knows it well and accompanied us on the other local visits. Dr Arul RDHS | She is the only permanent staff at the HC, but when there is a clinic 3 other local midwives come and help her, and vice- versa. They do ante- natal clinics, childhood vaccinations, weights and family planning clinics. | | 5 lakhs, to convert building to make more examination rooms. Hb meter and glucometer. |
| Santhannavettai Tamusri Iyngaran Vidyalam school Village in Santhannavettai | School closed so saw only from outside. Pravina phoned and spoke to principal, Mr Vilverasah. 84 families in area. 42 children in school + 8 extra, up to grade 5. Donated 3 boxes of | Shipping cost = | |
| | clothes from UK sent | £100 paid | |
| Partallipurum Provincial Medical Centre Unit (PMCU). Dr Selvaratnam Prathash experienced attendant = Lafee, midwife = Kaleeswari | by ship Remote area so difficulty for patients to get to and from the hospital. (SLR previously donated by JMFOA-UK is being used as a fund to hire 3-wheeler for poor patients). | BNFs SLR 50,000 cash | In brackets – quotes provided by them before we left. ECG machine Hospital bed with iv stand (15000) Paediatric suction IV stand Manual BP machine (4000) Glucometer (3500) + strips Hb meter Urine dipstick pregnancy tests (3000 1 box) |

| | | | Urine dipsticks for protein, blood, etc. (4500) We asked them to buy and provide receipts for everything apart from the ECG machine; we will get quote for ECG machine. |
|---|---|--|---|
| Elakkanthai School Sampur Principal = Mr K. Paskaralingam (will be in post at least 6 more years) | 40 students, 1 teacher, principle, post A-level unqualified teacher helpers. Cadre = 5 teachers, but remote area so qualified teachers do not want to go there.Qualified teacher salary approx. SLR 50,000/month, post A-level helper approx SLR 5000/ month. Principal agreed to twinning with a large, well off school in Jaffna. | Money to build fence around school. | Asked principal to provide estimates for salaries for qualified teacher and teacher assistant, as well as to fund daily milk for pupils. |
| District Hospital Eachchalampaththu M.O. Dr Tharindu Vithanage– will be in post another 18 months | 1 MO, 1 nursing officer, 1 midwife only, seeing 50-100 out- patients/d and admitting up to 16 acute patients daily (eg snake-bite, acute asthma, allergic reactions). Patients who are too ill to manage there are transferred to BH Mutthur and others to Batticalao for further management. They have ECG machine and defibrillator. | 1 nebuliser machine + ampoules. BNFs. | |
| 13-01-19 Sunday | | | |
| 9am – 4pm Batticalao Medical Faculty histopathology teaching | 3 hour histopathology revision session by Ula for 4 th year | | |

| Base Hospital Thirukkovil Dr Tamilthasan | students, repeated for the other half of the batch in the afternoon. Approx 15 students attended in the morning and 25 in afternoon. Population 43,000 | | For washing machine with dryer for wards – total amount – SLR 306,000 – paid to Singer company at Akkaripaththu on 16-01-19. Also requested |
|--|---|--|---|
| Divisional Hospital Karaithivu Met Dr Jeeva , related to Dr Varathan, 4 th batch, Canada) and Dr Prasad | Total staff = 45, including doctors (4), nurses and attendants. Clinic pts 1200/month, antenatal clinic 80 pts/ month. | 2 nebulisers, a box of nebules and 6 BNFs | wheelchairs. Intercom system – SLR 200,000. To do regular teaching and training. |
| Divisional Hospital Mahiladithivu Dr T. Thavanesan | 300 out-patients/d, 25 admissions/d, 60 in- patients/d. | 2 nebulisers, 4 boxes of nebules, box of nebuliser masks (12) and 7 BNFs. | 4 lap-tops for Electronic Medical Recording. They only need this if the government does not provide. They also wanted regular teaching and training. |
| Navatkadu Narmahal Vithyasalam School near Batticalao Dr Ramesh of Kalmunai North Hospital took Parthi | 750 students, 30 teachers, newly started science and maths A-Level students of 18. | | Transport facility for the A-Level students to come to Batticalao for tuition classes and training – support for evening transport/ contribution towards purchasing a small vehicle. |
| 14-01-19 Monday | | | |

| Assistance with curriculum | Ula assisted Dr | | |
|---|--|-----------------|--------------------|
| document Batticalao | Vaithehi, | | |
| Medical Faculty | Microbiologist, with | | |
| | pathology component | | |
| | of undergraduate | | |
| | medical curriculum. | | |
| 9-12 Bedside teaching, | For final year medical | | |
| Batticalao Hospital | students – approx. 20 | | |
| | students attended | | |
| 13.30 – 16.00 Bedside | For medical registrars | | |
| teaching, Batticalao Hospital | approx. 8 attended | | |
| | | | |
| 15-01-19 Tuesday (Thai Pongal holiday) | | | |
| 08.30 - 11.15 | For 17 final year | | |
| Bedside teaching, Batticalao | medical students | | |
| Hospital | | | |
| Meeting with Dr | They are grateful for | | Requested more |
| Muraleeswaran, Director | the support and | | teaching and |
| Base Hospital Kalmunai | motivation provided | | training and |
| North | by previous visits to | | does not need |
| | Kalmunai North | | equipment or |
| | Hospital. | | other support. |
| | | | |
| 16-01-19 Wednesday | | | |
| 9-11am – Kalmunai North | Attended by | 10 BNFs | |
| Hospital | approx.60 doctors | donated for | |
| Non-clinical professional | and nurses. | Kalmunai | |
| development teaching/ | | Hospital and 20 | |
| training. | | BNFs for | |
| Met Dr Thevakumar Dr | | Batticalao | |
| Ramesh and Dr Ithiyakumar | | Hospital | |
| | | (paediatric and | |
| | | adult) | |
| Met a few well-wishers in | | | Wanted medical |
| Kalmunai. | | | support |
| | | | (financial and |
| | | | advice for |
| | | | referral route for |
| | | | further care) and |
| | | | they also want |
| | | | to support small |
| | | | schools in the |
| | | | region. |